Focus on Active Listening and Shared Experiences

The CARE Project (501 (c) 3)
Johnnie Sexton, Au.D.
Executive Director
Emotional Stages
Sexton, 2010

- Shock
- Denial
- Pain
- Anger
- Depression
- Acceptance
- Advocate

RECYCLE
What is The CARE Project?

• CARE fills a gap in service delivery
  – Creates a bridge between the shock of “bad news” and acceptance/advocacy
What is The CARE Project?

• CARE fills a gap in service delivery
  – Creates a bridge between the shock of “the news” and acceptance/advocacy

• CARE provides a set of tools
  – Workshop/counseling materials
  – Literacy materials
    • For home and classroom use
Who is The CARE Project for?

• Parents/families
  – One on one meetings with parents
    • Share filmed stories of others
    • Private time to discuss feelings and insecurities
  – Parent groups
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• Parents/families
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    • Share filmed stories of others
    • Private time to discuss feelings and insecurities
  – Parent groups

• Professionals/Pre-professionals
  – Sensitivity Training/Staff Development
  – Audiologists, speech language pathologists, teachers, counselors…all professionals who work with these families
EHDI/CARE Collaboration

KATHLEEN WATTS
PROGRAM MANAGER
NC EHDI
What Parents Want vs Receive

Information Wanted vs. Received by Parents at Hearing Loss Confirmation

- Degree of loss
- Auditory system
- Amplification
- Educational options
- Speech/Lang dev
- Etiology
- Home activities
- Written Information
- Financial Support
- Emotional Support
- Parent Contacts
- Referral Sources

Martin, George, O’Neal, & Daly (1987); *Sweetow & Barrager (1980)

Slide provided by David Luterman via Karen Anderson.
Why CARE?
Why CARE?

- CARE materials both teach and facilitate
Why CARE?

• CARE materials both teach and facilitate

• CARE helps individuals express their emotions in a safe, supportive environment
Why CARE?

- CARE materials both teach and facilitate
- CARE helps individuals express their emotions in a safe, supportive environment
- CARE is flexible
  ~ can be used with varying sizes of groups
  ~ can be done all in one session or broken into several sessions
  ~ can be used for parents or professionals
CARE Project Components
CARE Project Components

Workshop

~ Slides for teaching/facilitating
CARE Project Components

Workshop/Counseling

~ Slides for teaching/facilitating

~ Documentary film (captioned and uncaptioned)

~ 7 personal “stories” told by people whose families have included one or more persons with hearing loss
CARE Project Components

Workshop/Counseling

~ Slides for teaching/facilitating
~ Documentary film (captioned and uncaptioned)
  ~ 7 personal “stories” told by people whose families have included one or more persons with hearing loss

~ Grief Analysis Grid
  ~ Designed to engage participants in active listening
Grief Analysis Grid

The CARE Project: 7 Stages of Grief Analysis Grid Worksheet

Name:  
Date:  

I. Documentary Segments Checklist

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CARE for NC EHDI
CARE for NC EHDI

Areas where there is no parent-to-parent support group:

~ Break the workshop into shorter sessions
~ Include professionals who can help facilitate on-going interaction
CARE for NC EHDI

Areas where there is no parent-to-parent support group:
~ Break the workshop into shorter sessions
~ Include professionals who can help facilitate on-going interaction

Areas where there is an existing support group:
~ Do one-day workshop for families and professionals
Details

• Funded through carry over grant funds
Details

- Funded through carry over grant funds
- Started with a workshop for parents leaders and EHDI staff
Details

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- At least one parent who attended our start up meeting is attending the local workshops
Details

- Funded through carry over grant funds
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- At least one parent who attended our start up meeting is attending the local workshops

- Parents and professionals attend together and become partners in the process
Parents and professionals must become partners

One family’s experiences

Parents and professionals must become partners
The CARE Project Experience

SANDY SIMPSON
PARENT
Grief

PARENTS WANT EMOTIONAL SUPPORT
CARE is a Beacon of Hope for Families and Professionals

Sheds light on emotional issues of hearing loss and its impact on families, caregivers and professionals

Thank You!

johnnie.sexton@thecareproject.me

www.thecareproject.me

Find us on Facebook

1-800-563-5505 (main office)
910-233-0994 (cell)