Congenital cytomegalovirus (CMV) is the most common viral infection, and the leading cause of non-genetic hearing loss, that infants are born with in the United States.

Every pregnant woman is at risk of acquiring CMV. And 91% of women DON’T know about it.

**CMV is common, serious and preventable.**

- 1 out of 3 pregnant women who become infected with CMV during pregnancy will pass the virus through to their unborn child
- 1 child is permanently disabled every hour
- 1 in 200 children are born with congenital CMV each year
5 Simple Tips to Help Prevent CMV

- Avoid contact with saliva when kissing a child
- Do not put a pacifier in your mouth
- Do not share food, utensils, drinks or straws
- Do not share a toothbrush
- Wash your hands after changing a diaper

Learn more at www.NationalCMV.org